

羊膜穿刺术

Amniocentesis

Amniocentesis is a test in which a small amount of amniotic fluid is removed with a thin needle. Amniotic fluid is the fluid that surrounds a baby in the uterus (womb). The sample is sent to a lab and tested for certain birth defects or genetic problems. This test may also be done for other reasons. The results of this test are very accurate.

There are some risks with this test:

- A leak or infection of the amniotic fluid
- The needle touching the baby
- Early delivery
- Miscarriage

Talk to your doctor about these risks and any other concerns.

During the Test

Arrive on time for your test. Plan on this test taking about 1 hour.

- You will wear a hospital gown.
- You will lie on your back with your stomach uncovered.
- Your stomach will be cleaned.
- Your doctor will use ultrasound to see your baby and find safe pockets of amniotic fluid. An ultrasound is a picture of your baby using sound waves.
- Your doctor may numb the skin where the needle goes in. You may feel a sting.

羊膜穿刺术是用细针抽取少量羊水的检查。羊水是子宫中包裹胎儿的体液。样品被送往实验室，检查胎儿是否存在某些先天性缺陷或遗传问题。也可能会出于其他原因进行检查。这项检查的结果非常准确。

这项检查存在一些风险：

- 羊水泄漏或感染
- 穿刺针触及胎儿
- 早产
- 流产

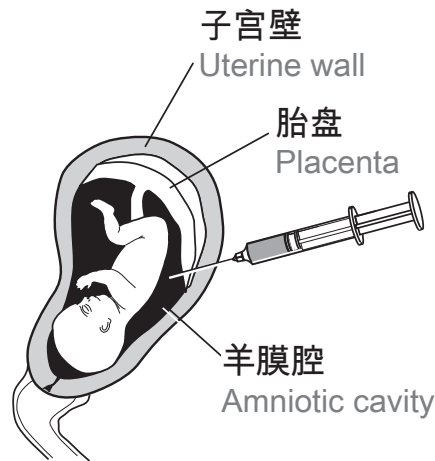
请向医生咨询风险和任何其他顾虑。

检查期间

请准时前来接受检查。请为本次检查留出大约1小时的时间。

- 您需要换上医院的罩衣。
- 您需要仰卧，露出小腹。
- 医护人员清洁您的小腹。
- 医生将使用超声波检查您的胎儿，并找到安全的羊水袋。通过超声波拍摄胎儿的照片。
- 医生可能会麻醉针刺部位的皮肤。您可能会感到刺痛。

- When the needle enters the uterus, you may feel cramping.
- The doctor will take out a small sample of the fluid and remove the needle. The needle is in for less than 1 minute.
- A monitor will be placed on your stomach for 15 to 30 minutes to check your baby's heartbeat.
- Once the lab tests are complete, your doctor will share the results with you. This may take about 2 weeks.



- 当针头进入子宫时，您可能会感到绞痛。
- 医生将取出一小部分体液，然后取出针头。进针时间不到 1 分钟。
- 将在您的小腹上放置监护仪，持续 15 到 30 分钟，检查胎儿的心跳。
- 实验室化验完成后，医生会告知您检查结果。化验时间约需 2 周。

After the Test

- Rest at home today.
- Drink plenty of liquids.
- If you have cramping, lie on your left side.

Call your doctor right away if you have:

- Severe cramping
- Fluid leaking from the vagina
- Bleeding from the vagina
- Fever
- Your baby is less active
- Other concerns

Talk to your doctor or nurse if you have any questions or concerns.

检查之后

- 当天可回家休息。
- 请大量饮用流质。
- 如果出现绞痛感，请左侧身躺卧。

如果出现以下情况，请立即致电医生：

- 严重绞痛
- 阴道有体液渗出
- 阴道出血
- 发热
- 胎儿缺乏活力
- 其他问题

如果有任何疑问或担心，请咨询医生或护士