

Boils

Boils are painful bumps that are filled with pus. Boils form under the skin when germs called bacteria infect a hair follicle where a hair forms. Boils may occur anywhere on the body, but are most often found on the face, neck, armpits, buttocks and thighs. A boil often takes about 14 days to heal.

Signs of Boils

A bump or open sore that:

- Grows quickly, often within 24 hours
- Is red, yellow or white at the tip
- Has drainage or pus as the boil breaks open
- Swells
- Is warm
- Is tender or painful

Your Care

- Keep your skin clean.
- Do not pick or squeeze the boil. Bacteria can spread to nearby skin and cause the infection to spread.
- Apply a clean, warm, wet washcloth to the area several times a day to aid healing and reduce swelling.

疔

疔是内部化脓的肿块，非常疼痛。疔是细菌感染毛囊后在皮下形成的。毛囊是毛发的生发地。身体的任何部位都可能生疔，但是最常见的部位是面部、颈部、腋窝、臀部和腿部。疔往往要14天才能痊愈。

疔的症状

肿块或溃疡：

- 发展快，往往在24小时内
- 尖部是红色、黄色或白色
- 疔破后，有渗出液或流脓
- 肿胀
- 发热
- 轻微的疼痛或疼痛

护理

- 保持皮肤清洁。
- 不要挑破或挤疔。细菌可能因此扩散到旁边的皮肤，引起感染扩散。
- 每天用干净的毛巾沾热水后擦拭数次，以加快痊愈和消肿。

Call your doctor if you have:

- A very painful or large boil
- A fever
- New boils
- Red lines coming out from a boil. This may be a sign that the infection has entered your blood stream.
- A boil that does not improve by day 10
- A boil that has not healed in 14 days

Talk to your doctor or nurse if you have any questions or concerns.

如有以下情况，请打电话给医生：

- 非常疼痛或者很大的疔
- 发烧
- 出现新的疔
- 疔上出现红线。出现红线可能是感染进入血液的征兆。
- 疔在第10天未见好转
- 疔在14天内未痊愈

如有任何疑问或担心，请向医生或护士提出。

2007– 11/2011 Health Information Translations

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Boils. Simplified Chinese.