## Jabaq-ku-Baaridda Wadnaha

## **Echocardiogram**

An echocardiogram is also called an echo or cardiac ultrasound. It is a painless test that takes pictures of the heart using sound waves.

**Arrive on time for your test.** The test takes about 30 minutes.

## **During the Test**

- · You will wear a hospital gown.
- You lie on your left side on a table.
- Gel is put on your chest. A wand is moved across the gel to take the pictures.
- You can see the pictures of your heart on the screen and also hear sounds of your heart.

Test results are sent to your doctor. Your doctor will share the results with you.

Talk to the staff if you have any questions or concerns.

Echocardiogram waxaa sidoo kale loo yaqaannaa echo ama cardiac ultrasound. Waa baaritaan aan xanuun lahayn oo qaadaya sawirrada wadnaha isagoo isticmaalaya mowjado codeed.

**Waqtiga ku imow baaritaankaaga.** Baaritaanku wuxuu qaadanayaa ilaa 30 daqiiqadood.

## Waqtiga Baaritaanka

- Waxaad xidhan doontaa marada ama toobka isbitaalka.
- Waxaad u seexan doontaa dhinacaaga bidixda miis dushiisa.
- Gel (cajiin) ayaa lagaa marin doonaa laabta. Ul ayaa cajiinta lagu kala fidin doonaa si sawirka loo qaado.
- Waxaad sawirrada wadnahaaga ka arki kartaa shaashadda waxaadna sidoo kale maqli kartaa dhawaaqyada wadnahaaga.

Natiijooyinka baaritaanka waxaa loo dirayaa dhakhtarkaaga. Dhakhtarkaagu wuxuu kula socodsiin doonaa natiijooyinka.

La hadal dhakhtarkaaga ama kalkaalisada haddii aad wax su'aalo ah ama walaac ah qabtid.

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