

Baaritaanka Electrocardiogram (ECG ama EKG)

Electrocardiogram (ECG or EKG)

An EKG is a test that records the electrical activity of the heart. With each heart beat, an electrical impulse travels through the heart. This impulse causes the heart muscle to squeeze and pump blood from the heart.

An EKG will show the doctor if:

- The electrical impulse is normal, slow, fast or irregular.
- The heart is too large or overworked.
- There is damage to the heart muscle from a heart attack.

This test is often done as part of routine care for older people who may be at higher risk for heart disease.

Arrive on time for your test. The test takes about 15 minutes.

To Prepare

- Avoid using lotion the day of the test. The sticky pads, called electrodes, may not stick as well.
- Wear a shirt that buttons up the front for easy placement of the pads on your chest. You may wear a hospital gown.

EKG waa baaritaan lagu oggaado dhaqdhaqaaqa elektarooniga ee wadnaha. Halkii wadno garaacba, mawjad koronto ayaa dhexqaada wadnaha. Mawjadaan waxay sababtaa in murqaha wadnaha isku yimaadaan ayna dhiiga u bixiyaan banaanka wadnaha.

EKG waxa uu dhaqtarku tusayaa in:

- Mawjadaha korontada ay caadi yihiin, daciif yihiin, ama dhaqsanayaan ama aysanba fiicneyn.
- Wadnu aad u wayn yahay ama uu qabanaayo shaqo saa'id ah.
- Murqaha wadnaha waxyeelo gaartay uu sababay wadno xanuunku.

Baaritaan waxaa badanaa la sameeyaa ayadoo qayb ka ah daryeelka joogtada ah ee dadka waawayn oo laga yaabo inay halis saa'id ah ugu jiraan wadno xanuun.

Imoow xiliga baaritaanka. Baaritaanka wuxuu qaadataa 15 daqiiqo.

Si aad U diyaargarowdid

- Iska ilaali inaad marsato kareen maalinta baaritaanka. Suuf lagu dhejiyo dhaawaca, oo loo yaqaan electrodes (suuf koronto gudbiye ah), waxaa laga yabaa inuusan ku dhegin sidoo kale.
- Xiro shaati kor ku leh batoonno si ay u fududaato in xabadka lagu xiro suufka. Waxaad xiran kartaa dharka isbitaalka.

During the Test

- You will lie down on a table.
- Men may have some of their chest hair shaved.
- 12 pads are placed on your chest, arms and legs.
- The pads are connected to wires that go to the EKG machine.
- Lay still for about 20 seconds as the machine records your heart's activity.
- There is no pain with this test.
- When the EKG is done, the pads and wires will be removed.
- Test results are sent to your doctor. Your doctor will share the results with you.

Talk to the staff if you have any questions or concerns.

Inta lagu jiro Baaritaanka

- Waxaad ku seexan doontaa miis.
- Nimanka waxaa laga yabaa in laga xiiro qaar kamid ah timaha xabadkooda.
- 12 suuf ayaa lagu xirayaa xabadkaaga, gacmahaaga iyo lugahaaga.
- Suufka waxaa ku xiran xarig kusii xiran mashiinka EKG.
- Seexo illaa 20 ilbiriqsi maadaama mashiinku diiwaangelinaayo shaqada wadnahaaga.
- Baaritaankaan malahan wax xanuun ah.
- Marka la sameeyo EKG, xargaha iyo suufka waa lagaa bixinayaa.
- Natijada baaritaanka waxaa loo dirayaa dhakhtarkaaga. Dhakhtarkaaga ayaa kuu sheegaaya natijada.

La hadal shaqaalaha haddii aad qabtid wax su'aalo ah ama walaacyo ah.