

Hearing Loss

Hearing loss is a sudden or gradual decrease in being able to hear. There are different types of hearing loss:

- **Conductive Hearing Loss:** Sound is blocked. This is often caused by earwax build up.
- **Sensorineural Hearing Loss:** A nerve problem prevents proper hearing. This is often caused by aging.
- **Mixed Hearing Loss:** Hearing loss where both the conductive and sensorineural systems are affected.

Causes

- Aging
- Loud noise exposure
- Blockage
- Ear infection
- Certain medicines
- Ear and head injury
- Some illnesses
- Born with an ear problem
- Family members with hearing loss

Signs

- Sounds are muffled.
- High pitched sounds are hard to hear.
- Words are difficult to understand when there is background noise.
- You ask others to repeat, or speak more slowly, clearly or loudly.

Surdit 

La surdit  est une diminution soudaine ou progressive de l'acuit  auditive. Il existe diff rents types de surdit  :

- **Surdit  de transmission** : le son est bloqu . Ce ph nom ne est souvent provoqu  par une accumulation de c rumen.
- **Surdit  de perception** : un probl me nerveux emp che d'entendre correctement. Ce ph nom ne est souvent provoqu  par la vieillesse.
- **Surdit  mixte** : surdit  o  les syst mes de transmission et de perception sont   la fois affect s.

Causes

- Vieillesse
- Exposition   des bruits forts
- Obstruction
- Infection de l'oreille
- Certains m dicaments
- Blessures   l'oreille et   la t te
- Certaines maladies
- Probl me auditif de naissance
- Membres de la famille pr sentant une surdit 

Signes

- Les sons sont  touff s.
- Les sons aigus sont difficiles   entendre.
- Les mots sont difficiles   comprendre lorsqu'il y a un bruit de fond.
- Vous demandez aux autres de r p ter, de parler plus lentement, plus clairement ou plus fort.

Hearing Loss. French.

- You speak more loudly than other people.
- You avoid conversations or social events.
- You turn up the volume on the TV or radio.
- You have dizziness, and ringing or buzzing in your ears.

Your Care

Tests will be done to find the cause of your hearing loss and measure how well you can hear. Your doctor will check your outer, middle and inner ear.

Depending on the cause of your hearing loss, your treatment may include:

- Removal of ear wax
- Medicines
- Hearing aides
- Listening devices such as headphones or flashing lights or vibrators for doorbells or phones
- Surgery
- Therapy to help with your speech and hearing

Preventing Hearing Loss

- Protect your ears from loud noises. Wear earplugs when working with machines or around loud noises.
- Avoid loud noises such as music, motorcycles or snowmobiles.
- Have your hearing tested.

- Vous parlez plus fort que les autres personnes.
- Vous évitez les conversations ou les événements sociaux.
- Vous augmentez le volume de la télévision ou de la radio.
- Vous avez des étourdissements et des tintements ou des bourdonnements d'oreilles.

Votre traitement

Des examens seront réalisés pour identifier la cause de votre surdité et mesurer votre acuité auditive. Votre médecin examinera votre oreille externe, moyenne et interne.

En fonction de la cause de votre surdité, votre traitement pourra comprendre :

- Le retrait du cérumen
- Des médicaments
- Des prothèses auditives
- Des dispositifs d'écoute comme un casque, des lumières clignotantes ou des dispositifs vibrants pour les sonneries ou les téléphones
- La chirurgie
- Un traitement pour vous aider à articuler et à entendre

Prévention de la surdité

- Protégez vos oreilles des bruits forts. Portez des bouchons d'oreilles lorsque vous travaillez avec des machines ou dans un environnement bruyant.
- Évitez les bruits forts comme la musique, les motocyclettes ou les motoneiges.
- Passez un examen auditif.

Talk to your doctor or nurse if you have any questions or concerns.

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Parlez à votre médecin ou à votre infirmière si vous avez des questions ou des inquiétudes.

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