

# Incision Care: No Dressing

Your incision is to be left uncovered and open to the air.

## Your Care

- Check your incision for signs of infection:
  - ▶ Warmth
  - ▶ Swelling
  - ▶ Redness
  - ▶ Change or increase in drainage
- If you are allowed to shower, let the water run over your incision. Do not let the spray directly hit the incision. Pat your incision dry.
- Do not soak your incision in water. This includes bathtubs, swimming pools and hot tubs.
- If you have staples or sutures on your incision, they will be removed at your doctor's office.
- If you have tapes called steri strips on your incision, they will fall off on their own. Do not pull them off. You may trim the edges as they curl.

## Call your doctor right away if you have:

- Any signs of infection such as warmth, swelling, redness or change or increase in drainage
- Opening up of the incision
- Increased bleeding or pain
- Loss of appetite, nausea or vomiting

**Talk to your doctor or nurse if you have any questions or concerns.**

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